

Ellicott City Senior Center Plus

November 2015

9401 Frederick Road
 Ellicott City, MD 21042
 410-313-1425

Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm
 Felicia Stein, Senior Center Plus Director; fstein@howardcountymd.gov
 Joyce Nagel-Mortell, Senior Center Plus Assistant Director; jnagel@howardcountymd.gov



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center Closed Staff Meeting 2	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Jeannie 12:00 Lunch 12:45 Music w/Al 1:30 Paws4Comfort 3	10:00 Coffee Talk 10:00 HCC/ESL visit 10:15 Good Old Days 10:45 Exercise 12:00 Lunch 12:45 Music w/Peter 4	Aquatic Wellness Program, Exercise, Music w/DJ Doug and Lunch at Roger Carter Center 3000 Milltowne Drive Ellicott City, MD 5	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 6
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Fran 12:00 Lunch 12:45 Paws4Comfort 1:15 Art Project 9	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Jeannie 12:00 Lunch 12:45 Music w/Ed 1:30 Paws4Comfort 10	Center Closed In observance of Veterans Day 11	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Music w/Tom 12	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 13
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 Fall Craft 16	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Jeannie 12:00 Lunch 12:30 Lyric Performs 17	Thanksgiving Luncheon at Ten Oaks Ballroom 18	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 HC Conservancy- "Ranger" the Owl visits 19	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 20
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 iPad or Games 23	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Jeannie 12:00 Lunch 12:45 Music w/Tom 24	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Music w/Peter Birthday Party 25	HAPPY THANKSGIVING Center Closed 26	THANKSGIVING Holiday Center Closed 27
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Vel & Jim Music program 30				Birthstone – Topaz (Fidelity) Flower – Chrysanthemum  Color(s) – Dark Blue

Let's Celebrate our November Birthdays!



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations!
This month we will be celebrating birthdays on Wednesday, November 25th at 12:45.

Please feel free to join us as we wish
a very happy birthday to Alberta, Ross, Lloyd, Nell and Louise!

Thank you to HoneyBaked Ham for their continuous support of our program.

IMPORTANT DATES TO PUT ON YOUR CALENDAR

ECSC+ CLOSED – Monday, November 2nd for Staff Meeting

Silver Dolphin Wellness Program @ Roger Carter Center – **Thursday, November 5th**
(Please remember to bring your bathing suit or swim trunks, towel and water shoes)

ECSC+ CLOSED – Wednesday, November 11th for Veterans Day

Caregiver Conference at NLCC – **Saturday, November 14th** (8:00 AM -3:00 PM)
(On-site Respite Care Provided by Senior Center Plus Staff—see attached flyer)

ECSC+ Thanksgiving Luncheon at Ten Oaks – **Wednesday, November 18th**

ECSC+ CLOSED – Thursday, November 26th and Friday, November 27th
for the Thanksgiving Holiday

To inquire about resources, respite care needs, and/or caregiver support, contact
Maryland Access Point of Howard County (MAP) at 410-313-5980 or
Email: map@howardcountymd.gov

Inclement Weather Policy:

When Howard County Schools are closed or delayed two hours due to inclement weather,
Ellicott City Senior Center Plus is closed. If the schools are delayed by one hour, the center is open.
When the schools have a scheduled day off, please tune to WBAL-TV for possible weather related closures of the
center. Contact the center at 410-313-1425 to hear a recorded message regarding center operations.

RTA Contact Information: 1-800-270-9553...Press 3 and follow prompts